

## ANNOUNCEMENTS CONTINUED

### KIDS HOPE MENTORS

We will be starting up Kids Hope soon and we are in need of at least 10 new mentors! Would you prayerfully consider spending one hour a week with a student at Lakewood Elementary? This is mostly a relational support - fun and games and friendship-building - with a small amount of academic help. Contact Diana Fonseca-Peña if you are interested: 786.208.7865



### CHOIR & ORCHESTRA OPPORTUNITIES

If you love to sing or play an instrument these opportunities are for you! Anyone who is interested in **singing with the choir during worship on Sunday, October 15** is invited to join for one rehearsal on Wednesday, October 11 from 6:30pm-8:30pm. Anyone who is interested in **playing with the orchestra during worship on Sunday, October 29** is invited to join for one rehearsal on Wednesday, October 25 from 6:30pm-8:30pm. Contact Jess Mix if you're interested: [jmix@fellowshipreformed.org](mailto:jmix@fellowshipreformed.org)

### FELLOWSHIP FLU SHOT CLINIC

The annual Fellowship Flu Clinic is this Wednesday, October 4 from 5pm-7pm during Community Nights. It's a convenient way to be immunized against the influenza virus. Pre-register by October 2 via the QR Code and don't forget to bring your insurance card. If you have questions, call the main office at 616.399.9280 or Pat Vorpapel ext. 130.



### GIVING

To support the work God is doing in and through Fellowship's ministries, you can give cash or checks using the offering bowls in the Sanctuary, text any dollar amount to **84321**, or use the QR code or the Church Center app to give online.



616.399.9280  
[www.fellowshipreformed.org](http://www.fellowshipreformed.org)  
[info@fellowshipreformed.org](mailto:info@fellowshipreformed.org)



we are them

SUNDAY | OCTOBER 1 | 9 & 10:30AM

**Prelude:** *Sing to the Lord*

**Call to Worship: Revelation 7:9-10**

*All Hail the Power of Jesus' Name!\** (Hymn #142)

*Is He Worthy\**

**“Long Shadow” Prayer<sup>†</sup> (Desmond Tutu) & Passing the Peace**

**Welcome & Announcements**

*Way Maker\**

(Children 3 yrs - 3rd grade [9am] and 3 yrs - 5th grade [10:30am] are dismissed to Children & Worship during the song; children 2nd-5th grade will rejoin for communion)

**Introduction of Guest Speaker & Prayer**

**Scripture:** Exodus 1:6-21

**Sermon:** "Two Women in God's Mission"

**Holy Communion**

*Let Us Break Bread Together\* / Build My Life\**

**Benediction**

**Postlude**

*\*indicates congregational song*

*a prayer written by someone who has had considerable impact in our faith*

*†(has cast a “long shadow”)*

**Leading in the Service**

**Preaching:** Rev. Dr. Chuck VanEngen

**Liturgists:** Gerald Baraza, Rev. Ross Dieleman, Diana Fonseca-Peña, Jasmine Lowell, Rev. Tierra Marshall, Jess Mix, Rev. Nate Schipper

**Musicians:** Matt Abbott, Daniel Gonzalez-Gomez, Lori Maatman, Jim McFarland, Skylar McNeely, Rodd & Jasmine Lowell, Erin Vander Stelt

**Audio & Video Tech Team:** Joel Bosma, Steve Braunius, Jabin Dieleman, Travis Dixon, Roberto González, Sophia Mix, Mary Moore, Paul Solis

As an **ALL BELONG** church, Fellowship welcomes all individuals and families living with disabilities. Please inquire at the Welcome Center for assistance and/or additional information.

**TABLE2TABLE | PARISH SUNDAY**

Join us after the 10:30am worship service this morning for our Parish Sunday and October Table2Table meal. First, meet your Parish Elder and Deacon in the Atrium and/or grab their info card. Then head into the Gym for delicious global foods that many hands have prepared: egg rolls, chicken coconut curry, tamales, pig 'n a blanket, Ethiopian injera, Nigerian jollof rice, French macarons & éclairs, and more! Once you have your food, you're invited to sit with your Parish neighbors. We hope you will stick around for this fun afternoon!

**PROTECT YOUNG EYES**

Fellowship will host Protect Young Eyes (PYE) presentations this week. PYE helps families create safer digital spaces. The presentations are listed below. Use the QR code to signup.

Wednesday, October 4 during Community Nights\*, 6:30pm-7:30pm

- How to Create a Tech-Ready Home: Embracing the Tension between Careful, Countercultural, and Confident (Parents and Caring Adults, 14+)
- You Matter (6th-8th graders)

*\*PYE is the only adult class option this night. There is still nursery, BLAST, and Elevate.*

Sunday, October 8 during HSM (6-8pm), presentation will be 6:30pm-7:30pm

- You Matter (9th-12th grades)



**NAVIGATING GRIEF**

Grief is a difficult path to forge alone - whether it is the loss of a loved one or a job, facing a scary diagnosis, life changes, or other forms of grief. Licensed professional counselor and ordained minister, Kate Meyer, will guide you through a 4-week course that offers insights in allowing God to accompany you through grief. Classes meet Wednesdays: October 11 & 18, and November 1 & 8 from 6:30pm-8pm. To register, please call the church office: 616.399.9280 or Pat Vorpapel ext. 130.

**NICARAGUA PARTNERS TRIP**

Curious about the work of one of our focus mission partners? Come to Nicaragua from February 21-27. Cost: \$1000, or \$500 for 18-29 year olds. Use the QR code to learn more or sign up.



*Casting Shadows*

**Exodus 1 | October 1**

Journal it. Ask a friend. Discuss it in a group.

**Reflect |** How do you know when someone is afraid of you, threatened by you, or maybe doesn't fancy you very much?

**Excavate |** Read Exodus 1. What did the new Pharaoh fear about the Israelites (vv. 8-10)?

**Interpret |** Place yourself in the Pharaoh's shoes. Why do you think he's afraid?

**Examine |** Looking back over your own life, have you ever reacted like Pharaoh? What did that look like? If you were to take a closer look, what experiences, stories, or encounters from your life shaped your fear response?

**Apply |** What does healing and restoration look like for you?

**Invite |** Who in your life might God be inviting you to courageously protect like Shiphrah and Puah protected the infant boys from the Pharaoh?